


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
West Court – Parkview May 2024 			10:15 Fitness Fun 1 11:15 One to One Visits 2:30 Active Games 3:15 Coffee, Tea & treats	11:30 Fitness Fun 2 2:30 Gardening 3:15 One to One Visits 6:00 Fireside Stories	10:15 Fitness Fun 3 11:15 One to One Visits 2:30 Sing-A-Long with Teresa Harbott 3:15 Coffee, Tea & Music	10:15 Fitness Fun 4 11:15 One to One Visits 2:30 Music & Social 3:15 Walk About
10:15 Hymn Sing 5 11:15 One to One Visits 2:30 Fitness Fun 3:15 Coffee, Tea & Else 4:00 Music Therapy	11:30 Fitness Fun 6 2:30 Music & Social 3:15 One to One Visits 6:00 Garden Walks	10:00 Music Therapy 7 11:15 One to One Visits 2:30 Baking 3:15 Coffee, Tea & Treats 6:00 News & Trivia	10:15 Fitness Fun 8 11:15 One to One Visits 2:30 Tea Social 3:15 Busy Hands	11:30 Fitness Fun 9 2:30 Busy Hands – Manicure 3:15 One to One Visits 6:00 Board Games	10:15 Fitness Fun 10 11:15 One to One Visits 2:30 Sing-A-Long with Teresa Harbott 3:15 Coffee, Tea & Music	10:15 Fitness Fun 11 11:15 One to One Visits 2:30 Afternoon at the Movies 3:15 Busy Hands
Happy Mother's Day 12 10:15 Hymn Sing 11:15 One to One Visits 2:30 Mother's Day Social Tea 3:15 Mother's Storytelling 4:00 Music Therapy	11:30 Fitness Fun 13 2:30 Music & Social 3:15 One to One Visits 6:00 Board Games	10:00 Music Therapy 14 11:15 One to One Visits 2:30 Baking 3:15 Tea Social 6:00 Movie Night	10:15 Fitness Fun 15 11:15 One to One Visits 2:30 Art Therapy 3:15 Good News & Views	11:30 Fitness Fun 16 2:30 Balloon Badminton 3:15 One to One Visits 6:00 Storytelling	10:15 Fitness Fun 17 11:15 One to One Visits 2:30 Balloon Badminton 3:15 Coffee, Tea & Music	10:15 Fitness Fun 18 11:15 One to One Visits 2:30 Music & Social 3:15 Walk About
10:15 Hymn Sing 19 11:15 One to One Visits 2:30 Balloon Toss 3:15 Coffee, Tea & Else 4:00 Music Therapy	Victoria Day 20 11:30 Fitness Fun 2:30 Music & Social 3:15 One to One Visits 6:00 News & Trivia	10:00 Music Therapy 21 11:15 One to One Visits 2:30 Baking 3:15 Coffee, Tea & Treats 6:00 Board Games	10:15 Fitness Fun 22 11:15 One to One Visits 2:30 Art Therapy 3:15 Coffee, Tea & Else	11:30 Fitness Fun 23 2:30 Beanbag toss 3:15 One to One Visits 6:00 Garden Walks	10:15 Fitness Fun 24 11:15 One to One Visits 2:30 Ring Toss/ Bean Bag Toss 3:15 Coffee, Tea & Music	10:15 Fitness Fun 25 11:15 One to One Visits 2:30 Afternoon at the Movies 3:15 Busy Hands
10:15 Hymn Sing 26 11:15 One to One Visits 2:30 Bean Bag Toss 3:15 Coffee, Tea & Else 4:00 Music Therapy	11:30 Fitness Fun 27 2:30 Music & Social 3:15 One to One Visits 6:00 Board Games	10:00 Music Therapy 28 11:15 One to One Visits 2:30 Baking 3:15 Coffee, Tea & Treats 6:00 News & Trivia	10:15 Fitness Fun 29 11:15 One to One Visits 2:30 Art Therapy 3:15 Coffee Chat	11:30 Fitness Fun 30 2:30 Gardening 3:15 One to One Visits 6:00 Board Games	10:15 Fitness Fun 31 11:15 One to One Visits 2:30 Manicures & Hand Massages 3:15 Coffee, Tea & Music	