

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

West Court – Care Home

May 2024



<p>10:00 Reconditioning Exercises 1 FL 11:00 Morning Chat & Reminiscing 1 FL 1:30 Time Together 1 FL 2:30 Heart for Music & 1-1 Visits 2:30 Floor Curling 1 FL 3:45 Comedy Hour- Cheers 1 FL 5:45 Pokeno 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Morning Chat & Trivia 1 FL 1:30 Heart for Music & 1-1 Visits 2:30 Armchair Travel to Maldives 1 FL 3:00 Active Games 1 FL 3:45 Prince William: A Modern King (2024) 5:45 Delta Embers Club – Visit 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Coffee, Tea & Else 1 FL 11:15 Music Therapy 1 FL 11:30 1-1 Visits 2 FL 2:00 Slava Alexandrov & Dancer CC 3:00 Music Therapy 3:15 Heart for Music 1 FL 3:15 Walk About in the Garden 1 FL 3:15 Tovertafel Time 1 FL 5:45 News Hour 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Morning Chat & Reminiscing 1 FL 1:30 Time Together 1 FL 1:30 Piano with David 1 FL 2:30 Heart for Music & 1-1 Visits 2:30 Floor Curling 1 FL 3:45 Classical Music Hour: Schubert: Symphony No.9 “The Great” Munich Philharmonic Orchestra 5:45 Wheel of Fortune 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Good News & Views- 1 FL 2:30 Celebrating “Cinco De Mayo” with “Peter Paulus” 3:45 Classical Music Hour: Ana Vidovic Classical Guitar – Full Concert – Live from St. Marks 1 FL 5:45 Bingo 1 FL</p>	<p>10:00 Strength Training 1 FL 10:00 Heart for Music & 1-1 Visits 11:00 Coffee, Tea & Else 1 FL 12:30 Social Dining-Lunch 1 FL 2:00 Mexico by Imax 1 FL 2:45 Mariachi Mexican Music Uplifting Background Music/ Mexican Travel Video 3:00 Physical Stimulation 2 FL 5:45 Categories Brain Game 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 10:00 Heart for Music 11:00 Coffee, Tea & Else 1 FL 2:15 Movie Matinee: To Sir with Love 1 FL</p>
<p>10:00 Strength Training 1 FL 10:00 Heart for Music & Friendly Visits 11:00 Morning Chat & Trivia 1 FL 1:30 Anglican Church Service in-person with Rev. Basvi 2:30 Cinco de Mayo – Fun Games 1 FL 3:00 Ice Cream Social 1 FL 3:15 Music Therapy 5:45 Bingo DPOA 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Morning Chat & Trivia 1 FL 1:30 Heart for Music & 1-1 Visits 2:30 Armchair Travel to Maldives 1 FL 3:00 Active Games 1 FL 3:45 Prince William: A Modern King (2024) 5:45 Delta Embers Club – Visit 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Coffee, Tea & Else 1 FL 11:15 Music Therapy 1 FL 11:30 1-1 Visits 2 FL 2:00 Slava Alexandrov & Dancer CC 3:00 Music Therapy 3:15 Heart for Music 1 FL 3:15 Walk About in the Garden 1 FL 3:15 Tovertafel Time 1 FL 5:45 News Hour 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Morning Chat & Reminiscing 1 FL 1:30 Time Together 1 FL 1:30 Piano with David 1 FL 2:30 Heart for Music & 1-1 Visits 2:30 Floor Curling 1 FL 3:45 Classical Music Hour: Schubert: Symphony No.9 “The Great” Munich Philharmonic Orchestra 5:45 Wheel of Fortune 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Good News & Views- 1 FL 12:00 Mother’s Day BBQ Lunch 2:00 Scenic Bus Drive 2:30 Baking – Trailhead Cereal bars 1 FL 3:45 Comedy Hour- The Addams Family 5:45 Bingo 1 FL</p>	<p>10:00 Strength Training 1 FL 10:00 Heart for Music & 1-1 Visits 11:00 Coffee, Tea & Else 1 FL 12:30 Social Dining-Lunch 1 FL 2:30 Musical Movie – Roger’s & Hammerstein’s “Cinderella” 1 FL 3:00 Physical Stimulation 2 FL 5:45 Crossword Puzzle 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 10:00 Heart for Music 11:00 Coffee, Tea & Else 1 FL 2:30 Mothers, Memories & Mimosas 1FL 3:45 Andre Rieu Video Concert</p>
<p>Mother’s Day 10:00 Strength Training 1 FL 10:00 Heart for Music & Friendly Visits 10:45 Catholic Church Virtual Service 11:00 Morning Chat & Trivia 1 FL 1:30 Bingo DPOA 2:30 Mother’s Day Social 3:15 Music Therapy 5:45 Word Games 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Morning Chat & Trivia 1 FL 1:30 Heart for Music & 1-1 Visits 2:15 Art Therapy with Julia 1 FL 2:30 Active Games 1 FL 3:00 Baking – Fruit Smoothie Cheesecake 5:45 Jeopardy 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Coffee, Tea & Else 1 FL 11:15 Music Therapy 1 FL 11:30 Balloon Toss 2 FL 1:30 Board Games Lounge 1:30 Reader’s Haven – Book Reading “Elizabeth & Margaret” 1 FL 2:30 Coffee Pop-Up Hour 1 FL 3:00 Physical Stimulation 3:00 Music Therapy 3:15 Heart for Music 1 FL 5:45 Who, What, Where 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 10:15 Art Therapy with Julia 1 FL 11:00 Morning Chat & Reminiscing 1 FL 1:30 Piano with David 1 FL 1:30 Time Together 1 FL 2:30 Heart for Music & 1-1 Visits 2:30 Floor Curling 1 FL 3:45 Comedy Hour- Married with Children 5:45 The Victorian Era of British History 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Good News & Views- 1 FL 2:00 Ladner Glee Club CC 3:15 One to One Visits 3:45 Classical Music Hour: Harp Concert by Sophia Kiprskaya soloist of the Marinsky Theater 1 FL 5:45 Bingo 1 FL</p>	<p>10:00 Strength Training 1 FL 10:00 Heart for Music & 1-1 Visits 11:00 Coffee, Tea & Else 1 FL 12:30 Social Dining-Lunch 1 FL 2:30 Victorian Treasures 1 FL 3:00 Physical Stimulation 2 FL 5:45 Categories Brain Game 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 10:00 Heart for Music 11:00 Coffee, Tea & Else 1 FL 1:30 Balloon Toss 2:45 The Klondike Gold Rush & Discussion 1 FL</p>
<p>10:00 Strength Training 1 FL 10:00 Heart for Music & Friendly Visits 10:45 Tsawwassen United Church Virtual Service 11:00 Morning Chat & Trivia 1 FL 1:30 Bingo DPOA 2:30 Ice Cream Social 1 FL 3:00 Sensory & Puzzle -Tover Table 1 FL 3:15 Music Therapy 5:45 Wheel of Fortune 1 FL</p>	<p>Victoria Day 10:00 Reconditioning Exercises 1 FL 11:00 Morning Chat & Trivia 1 FL 2:15 Art Therapy with Julia 1 FL 2:30 Victoria and Abdul Movie with Tea Social</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Coffee, Tea & Else 1 FL 11:15 Music Therapy 1 FL 11:30 1-1 Visits 2 FL 2:00 Elder College Singers- CC 3:00 Music Therapy 3:15 Walk About in the Garden 1 FL 3:15 Tovertafel Time 1 FL 3:15 Busy Hands 1 FL 5:45 News Hour 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 10:15 Art Therapy with Julia 1 FL 11:00 Morning Chat & Reminiscing 1 FL 1:30 Piano with David 1:30 Time Together 1 FL 2:30 Heart for Music & 1-1 Visits 2:30 Floor Curling 1 FL 3:45 Comedy Hour- The Flying Nun 1 FL 5:45 Jeopardy & Everything Trivia 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Good News & Views- 1 FL 2:00 Resident Council Meeting 1 FL 2:30 Target Practice 1 FL 3:15 What Do You See? 3:45 Classical Music Hour: Aida Garifullina Arias & Romances, Great Hall of the Conservatory 1 FL 5:45 Bingo 1 FL</p>	<p>10:00 Strength Training 1 FL 10:00 Heart for Music & 1-1 Visits 11:00 Coffee, Tea & Else 1 FL 12:30 Social Dining-Lunch 1 FL 2:30 Sing-A-Long Social with “Vi & Harry” 3:00 Physical Stimulation 2 FL 5:45 Mysteries of the World 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 10:00 Heart for Music 11:00 Coffee, Tea & Else 1 FL 2:30 Reader’s Haven – Book Reading “Elizabeth & Margaret” 1FL 3:45 The Everly Brothers Video Concert</p>
<p>10:00 Strength Training 1 FL 10:00 Heart for Music & Friendly Visits 10:45 Catholic Church Virtual Service 11:00 Morning Chat & Trivia 1 FL 1:30 Bingo DPOA 2:30 Tovertafel Table Time 1 FL 3:00 Lemonade Social 1 FL 3:15 Music Therapy 5:45 Believe It or Not 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Morning Chat & Trivia 1 FL 1:30 Heart for Music & 1-1 Visits 2:15 Art Therapy with Julia 1 FL 2:30 Bean Bag Toss 1 FL 3:00 Bracelet Making 1 FL 3:45 The Secrets of Sugar - the fifth estate CBC Documentary 5:45 Word Games 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Coffee, Tea & Else 1 FL 11:15 Music Therapy 1 FL 11:30 Balloon Toss 2 FL 2:00 Concert in Care- CC Louise Southwood, guitar 3:15 Tovertafel Time 1 FL 3:15 Physical Stimulation 3:00 Music Therapy 3:15 Walk About in the Garden 1 FL 5:45 Name That Tune 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 10:15 Art Therapy with Julia 1 FL 11:00 Morning Chat & Reminiscing 1 FL 1:30 Piano with David 1:30 Time Together 1 FL 2:30 Heart for Music & 1-1 Visits 2:30 Floor Curling 1 FL 3:45 Comedy Hour- Donna Reed Show 5:45 Sharpen Your Senses 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 11:00 Good News & Views- 1 FL 1:30 Calendar Visits 1 FL 2:30 Calendar Visits 2 FL 3:45 Classical Music Hour: Requiem- Giuseppe Verdi/Danish National Symphony Orchestra 1 FL 5:45 Bingo 1 FL</p>	<p>10:00 Strength Training 1 FL 10:00 Heart for Music & 1-1 Visits 11:00 Coffee, Tea & Else 1 FL 12:30 Social Dining-Lunch 1 FL 2:30 The Sounds of Music 1 FL 3:00 Physical Stimulation 2 FL 5:45 Categories Brain Game 1 FL</p>	<p>10:00 Reconditioning Exercises 1 FL 10:00 Heart for Music 11:00 Coffee, Tea & Else 1 FL 2:30 Reader’s Haven – Book Reading “Elizabeth & Margaret” 1FL 3:45 The Everly Brothers Video Concert</p>